

Matt Jared, RYT 200, had long dabbled in the joys of yoga and meditation but it wasn't until meeting his wife Jenny Jared that he truly began his journey into the depths of the internal infinite. Having been involved in the entertainment industry since childhood, in late 2013, Matt decided to devote himself fulltime to the practices of yoga and meditation but wanted to use the skills he acquired as a producer to share the power of practice in a greater way.

A deep inhale, mid Surya Namaskar A, coupled with a moment of inspiration and the idea of United We Om came into existence. Matt's vision was that of an organization that helped yoga and meditation teachers, studios/sanghas and practitioners use their practice to benefit others by directly teaching populations in need of practice, by offering free/by-donation classes, and by raising funds for the causes they care about by providing yoga and meditation to the world.

Matt feels blessed beyond belief to be sharing this journey with his wife and family, surrounded by the love of all those that Om.

100 Word Version

Matt Jared, RYT 200, had long dabbled in the joys of yoga and meditation but it wasn't until meeting his wife Jenny Jared that he truly began his journey into the depths of the internal infinite. Having been involved in the entertainment industry since childhood, in late 2013, Matt decided to devote himself fulltime to the practices of yoga and meditation but also wanted to use the skills he acquired as a producer to share the power of practice in a greater way. United We Om became the combination Matt was looking to find.