

United We Om Bio/Overview

United We Om is a registered 501(c)3 non-profit charity, providing yoga and meditation to underserved populations, while creating opportunities for yoga and meditation communities to use their practice to raise money and awareness for causes they care about. Created by husband and wife team Matt and Jenny Jared, United We Om began with the goal of empowering the yoga and meditation community to change their world through the power of service.

United We Om's philosophy is rooted in the founder's personally transformative experiences with yoga and meditation and their belief that the traditions are a powerful antidote to the sufferings of the modern world. United We Om's Karma Projects are the heart of the organization, uniting specifically qualified teachers with populations in need of practice, benefiting those communities directly and providing teachers with gainful and meaningful opportunities to serve.

Dedicated to assisting fellow teachers who are passionately aligned with the mission of service, United We Om provides trainings and workshops preparing teachers to serve specific populations, who then "pay-it-forward" by volunteering their time as a teacher. With an overarching goal of providing the countless benefits of practice to all, United We Om created a by-donation class structure making classes available to everyone, regardless of financial or social constraints, while simultaneously raising tax-deductible donations for other charities.

United We Om approaches all aspects of its existence dedicated to the idea of Lokha Samasta Sukhino Bhavantu; "Commit your actions to the happiness and freedom of all beings."

100 Word Version

United We Om is a registered 501(c)3 non-profit charity, providing yoga and meditation to underserved populations, while creating opportunities for yoga and meditation communities to use their practice to raise money and awareness for causes they care about serving. Husband and wife team, Matt and Jenny Jared, created United We Om with the goal of empowering the yoga and meditation communities to change their world through the power of service. The founders believe the traditions are a powerful antidote to the sufferings of the modern world and operate the organization by the yogic teaching Lokha Samasta Sukhino Bhavantu, "Commit your actions to the happiness and freedom of all beings."